
COURSE: COLLABORATIVE ASSESSMENT AND MANAGEMENT OF SUICIDALITY

CAMS-guided care is a philosophy of care and a therapeutic framework for suicide-specific assessment and treatment of a client's suicidal risk. This is a flexible approach that can be easily integrated across treatment settings and in tandem with different treatment modalities. In CAMS-guided care the clinician and client collaborate in a highly interactive assessment process. Clinicians utilize client input and clients become the "Co-authors" of their own treatment plan. This course will provide you with the tools and resources you need to provide your best level of care. In each of this courses' five modules, you will see Dr. Jobes, in video, as he integrates CAMS-guided care in a case study. Each module makes use of interactive E-learning and assessments, so you can check your knowledge gain. The Cams course will provide learners with the unique opportunity to further support and understand the struggle of suicidal clients while keeping their perspectives ever at the forefront.

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COURSE OVERVIEW

ESTIMATED COURSE LENGTH: 4 hrs. 15 mins.

CE CREDITS: 4.25 continuing education hours for social workers & psychologists / 3.25 continuing education hours for counselors & marriage and family therapists

TARGET AUDIENCE: Licensed mental health providers (clinical social workers, psychologists, counselors, & marriage and family therapists)

LEVEL OF INSTRUCTION: Advanced

PREREQUISITE(S): None

INSTRUCTIONAL METHOD: Self-paced; interactive; hybrid of audio, text, video, and learning checks

ACCESSIBILITY ACCOMMODATIONS: Color contrast; transcripts of video components; closed captioning of audio and video components. *In order to request further accessibility accommodations, please email support@psychhub.com.*

REGISTRATION: To enroll in this or any other Psych Hub Learning Hub, go to lms.psychhub.com, click "Log In" to create a new account or access your existing account, return to lms.psychhub.com to access a list of Learning Hubs, click the title of the Learning Hub in which you are interested, and follow the instructions on the page.

**Note: We have categorized our Learning Hubs based on suggested/targeted audiences. However, everyone is encouraged and welcome to take any Learning Hubs.*

LEARNING OBJECTIVES

After completing this course, you will be able to describe and employ the following:

1. Explain CAMS as an evidence-based, suicide-specific, therapeutic clinical framework for effectively working with suicidal risk.
2. Describe CAMS philosophy of care related to empathy, collaboration, honesty, and the building of the clinical alliance while increasing patient motivation.
3. Complete a first session of CAMS using the Suicide Status Form (SSF) for assessment, stabilization planning, and the identification of patient-defined suicidal drivers that will be targeted and treated in the course of CAMS-guided care.
4. Articulate interim sessions of CAMS and the use of the SSF for tracking suicidal on-going risk and treatment plan updating related to patient-defined suicidal drivers.
5. Relate optional resources like the CAMS Therapeutic Worksheet that can help clarify direct and indirect drivers of suicidality
6. Illustrate the use of the SSF for clinical outcomes and dispositions that brings CAMS-guided care to a close.
7. Interpret the 10 key elements that define the CAMS model for effectively assessing and treating suicidal risk in your clinical practice.

COURSE AUTHOR

To submit questions or comments for course authors, email ce@psychhub.com.

DAVID A. JOBES, PH.D., ABPP

PROFESSOR OF PSYCHOLOGY

David A. Jobes, Ph.D., ABPP, is a Professor of Psychology, Director of the Suicide Prevention Laboratory, and Associate Director of Clinical Training at The Catholic University of America. Dr. Jobes is also an Adjunct Professor of Psychiatry, School of Medicine, at Uniformed Services University. He has published six books and numerous peer-reviewed journal articles. Dr. Jobes is a past President of the American Association of Suicidology (AAS) and he is the recipient of various awards for his scientific work including the 1995 AAS "Shneidman Award" (early career contribution to suicidology), the 2012 AAS "Dublin Award" (for career contributions in suicidology), and the 2016 AAS "Linehan Award" (for suicide treatment research). He has been a consultant to the Centers for Disease Control and Prevention, the Institute of Medicine of the National Academy of Sciences, the National Institute of Mental Health, the Federal Bureau of Investigation, the Department of Defense, Veterans Affairs, and he now serves as a "Highly Qualified Expert" to the U.S. Army's Intelligence and Security Command. Dr. Jobes is a Board Member of the American Foundation for Suicide Prevention (AFSP) and serves on AFSP's Scientific Council and the Public Policy Council. He is a Fellow of the American Psychological Association and is Board certified in clinical psychology (American Board of Professional Psychology). Dr. Jobes maintains a private clinical and consulting practice in Washington DC.

CONTINUING EDUCATION INFORMATION

For more information on Psych Hub's continuing education programs, email ce@psychhub.com.

COURSE CREATION DATE

8/31/2021

DISCLOSURES

Dr. Jobes receives grant funding for clinical trial research from the NIMH. He receives book royalties from American Psychological Association Press and Guilford Press. He is also the founder and co-owner of CAMS-care, LLC (a professional training and consultation company).

Psych Hub receives financial support from organizations in the healthcare industry, but these entities do not control or direct course content. Psych Hub staff as well as planning and review committees have no relevant financial interests to disclose. Psych Hub's Conflict of Interest Policy can be found in the footer of lms.psychhub.com.

CONFLICT OF INTEREST RESOLUTION

Conflicts of interest have been resolved through peer review of content by a non-conflicted reviewer.

COMMERCIAL SUPPORT

No commercial support was provided for this activity.

CONTINUING EDUCATION ACCREDITATIONS

AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)



Psych Hub is approved by the American Psychological Association to sponsor continuing education for psychologists. Psych Hub maintains responsibility for this program and its content.

Psychologists completing this course receive **4.25** continuing education credits.

ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)



Psych Hub, #1750, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit.

Psych Hub maintains responsibility for this course. ACE provider approval period: 08/20/2021 – 08/20/2024. Social workers completing this course receive **4.25** clinical continuing education credits.

CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS (CAMFT)



Course meets the qualifications for **3.25** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Psych Hub is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Psych Hub maintains responsibility for this program/course and its content. CAMFT Approval #1000074.

NATIONAL BOARD OF CERTIFIED COUNSELORS (NBCC)



Psych Hub has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7051. Programs that do not qualify for NBCC credit are clearly identified. Psych Hub is solely responsible for all aspects of the programs.

Counselors completing this course receive **3.25** continuing education hours.

CE CREDIT CALCULATION

APA & ASWB CREDIT CALCULATION

Continuing education credits for psychologists, social workers, and marriage and family therapists are calculated by averaging pilot test times, rounded down to the nearest quarter hour. This allows for inclusion of interactive elements

(e.g., assessments) and learner variance. However, regardless of pilot test times, the number of continuing education credits will never exceed 2 hours more than the combined video and voiceover length.

Average Pilot Test Length: **4 hours 22 minutes**

CAMFT CREDIT CALCULATION

Psych Hub shall award continuing education credit hours on the basis that one continuing education credit is equal to one hour of instructional time. A continuing education hour is defined as a 60-minute hour. Continuing education credit shall be awarded only for instructional time. Lunch and other breaks shall not be included in total time awarded for continuing education credit. Courses will be a minimum of one continuing education hour, in one block of time.

Combined Video and Voiceover Length: **3 hours 10 minutes**

NBCC CREDIT CALCULATION

Continuing education hours for counselors are calculated by summing the length of all course videos and voiceover, rounded up to the nearest quarter hour. This does NOT include time taken to complete interactive elements of the course.

Combined Video and Voiceover Length: **3 hours 10 minutes**

TIMED COURSE OUTLINE

Since the course is interactive and each learner will proceed at their own pace, timing is not exact. These are approximations based on average pre/post-test time of pilot testers as well as the run-time of course videos and voiceover. This course does not have to be completed in one session.

COURSE ACTIVITIES FOR CE CREDIT (≥ 3 HOURS 36 MINUTES)

- Pre-Course Assessment (~5 minutes) [EXCLUDED FROM ACTIVITIES FOR NBCC & CAMFT CREDIT]
- Module 1: Introduction to CAMS and Session 1 (~1 hour 15 minutes)
- Module 2: Interim Session 2 (~50 minutes)
- Module 3: Interim Session 5 (~22 minutes)
- Module 4: Interim Session 9 (~21 minutes)
- Module 5: Interim Session 12 and Outcome Disposition (~22 minutes)
- Post-Course Assessment (~21 minutes) [EXCLUDED FROM ACTIVITIES FOR NBCC & CAMFT CREDIT]

COURSE ACTIVITIES NOT FOR CE CREDIT

- Participant Evaluation (~10 minutes)
- Modified Practice Attitudes Scale (~5 minutes)
- (OPTIONAL) Supplementary Videos for Learner and Learner's Clients
- (OPTIONAL) Written assignment to earn Psych Hub Certification

OBTAINING CERTIFICATES OF COMPLETION

After completing the pre-course assessment, reviewing all modules, completing the post-course assessment with a score of at least 85%, and completing the participant evaluation, learners will automatically receive a certificate of completion.

COURSE COMPLETION REQUIREMENTS

To complete the course, learners must do the following:

- Take the pre-course assessment (no score requirements)
- Review all modules
- Take the post-course assessment (passing score: 85% or higher*)
- Complete the course evaluation

**Learners may attempt the post-course assessment up to three times to earn a passing score. If a learner does not earn a score of at least 85% on their third attempt, they will not receive credit for the course.*

PSYCH HUB CERTIFICATION

Once you have successfully completed the course, you will be presented the option to pursue Psych Hub Certification. *Please note two things: (1) Psych Hub Certification is not affiliated with continuing education credit in any way, and (2) Psych Hub Certification is not available for every Learning Hub.*

The Certification Project is a special, post-course project where you will get full Psych Hub certification for drafting, submitting, and finalizing a case study where the information in this course is applied. For more information, see the points below.

FOR LEARNERS WHO OPT NOT TO ACCOMPLISH THE CERTIFICATION PROJECT

All learners will receive a general certificate of completion upon completing all Learning Hub elements. You can remain active in the discussions by regularly visiting the course Psych Hub Forums.

Browse our other available Learning Hubs to continue your learning journey!

FOR LEARNERS WHO OPT TO ACCOMPLISH THE CERTIFICATION PROJECT

After completing the course and receiving your general certificate of completion, you will be provided the option to complete the certification project. Please follow instructions provided within the course if you wish to pursue your certification.

ACCESSIBILITY ACCOMMODATIONS, GRIEVANCES, & REFUNDS

Psych Hub's Grievance Policy, which includes information on filing grievances, requesting a refund, and requesting accessibility accommodations, can be found by clicking [here](#) or navigating to the footer of lms.psychhub.com.

SYSTEM REQUIREMENTS

Accessing this Learning Hub requires an internet connection. The following technology can be used for access:

OPERATING SYSTEMS

- Windows 7/8/10, any edition
- macOS 10.6 and above
- Any phone or tablet with an internet browser and connection

INTERNET BROWSERS

- Any standard internet browser (i.e. Chrome, IE, Firefox, Edge, Safari)

PSYCH HUB CONTACT INFORMATION

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