

---

# Psych Hub Continuing Education Information

## CONTENTS:

[Continuing Education Approvals](#)

[Continuing Education Offerings](#)

[Calculation of Credit](#)

[Obtaining Credit](#)

[Continuing Education Committee](#)

[Diversity in Continuing Education Initiatives](#)

*For any questions, comments, or concerns related to Psych Hub continuing education, email [ce@psychhub.com](mailto:ce@psychhub.com).*

*To learn how to request accessibility accommodations, file a complaint, or request a refund, Psych Hub's **Grievance Policy** is linked in the footer of [lms.psychhub.com](https://lms.psychhub.com).*

# Continuing Education Approvals

## Accreditation Council For Continuing Medical Education (ACCME)



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and Psych Hub. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

## American Nurses Credentialing Center (ANCC)



Nurse CE is provided for this program through collaboration between Psych Hub and AffinityCE. AffinityCE is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

## American Psychological Association (APA)



Psych Hub is approved by the American Psychological Association to sponsor continuing education for psychologists. Psych Hub maintains responsibility for this program and its content.

## Association of Social Work Boards (ASWB)



Psych Hub, #1750, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Psych Hub

maintains responsibility for this course. ACE provider approval period: 08/20/2020 – 08/20/2021.

## California Association of Marriage and Family Therapists (CAMFT)



Psych Hub is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Psych Hub maintains responsibility for this program/course and its content. CAMFT Approval #1000074.

## Commission for Case Manager Certification (CCMC)



This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers.

## National Board for Certified Counselors (NBCC)



Psych Hub has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7051. Programs that do not qualify for NBCC credit are clearly identified. Psych Hub is solely responsible for all aspects of the programs.

## National Board for Health and Wellness Coaching (NBHWC)



Psych Hub has been approved by the NBHWC to provide continuing education for National Board Certified Health & Wellness Coaches (CEP #100190).

## Pending Approvals

Psych Hub is currently pursuing approval to offer continuing education for interprofessional healthcare teams and human resource professionals.

## Continuing Education Offerings

### Continuing Education Offerings for Mental Health Providers

(licensed psychologists, counselors, marriage & family therapists, & clinical social workers)

COURSES	AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)	ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS (CAMFT)	NATIONAL BOARD FOR CERTIFIED COUNSELORS (NBCC)
<i>Cognitive Behavioral Therapy Foundations: A Skills-Based Approach</i>	3.25 CEs	3.25 CEs	3.25 CEs	3.00 CEs
<i>Cognitive Behavioral Therapy for Anxiety</i>	2.50 CEs	2.50 CEs	2.50 CEs	1.75 CEs
<i>Cognitive Behavioral Therapy for Depression</i>	3.00 CEs	3.00 CEs	3.00 CEs	2.25 CEs
<i>Cognitive Behavioral Therapy for Insomnia</i>	2.25 CEs	2.25 CEs	2.25 CEs	1.50 CEs
<i>Cognitive Behavioral Therapy Adaptations for Adolescents</i>	2.00 CEs	2.00 CEs	2.00 CEs	1.75 CEs
<i>Telemental Health: The Basics</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CE
<i>Cognitive Behavioral Therapy for Reducing Suicide Risk</i>	3.50 CEs	3.50 CEs	3.50 CEs	2.75 CEs
<i>Counseling on Access to Lethal Means</i>	2.25 CEs	2.25 CEs	2.25 CEs	1.50 CEs

### Continuing Education Offerings for Healthcare Professionals

(physicians, psychiatrists, physician assistants, nurse practitioners, behavioral health nurses)

COURSES	ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME)	AMERICAN NURSES CREDENTIALING CENTER (ANCC)
<i>Cognitive Behavioral Therapy for Reducing Suicide Risk</i>	3.50 CEs	3.50 CEs
<i>Counseling on Access to Lethal Means</i>	2.25 CEs	2.25 CEs

## Continuing Education Offerings for Professionals

(licensed social workers, CCM® board certified case managers, & national board certified health & wellness coaches)

COURSES	ASSOCIATION OF SOCIAL WORK BOARDS	COMMISSION FOR CASE MANAGER CERTIFICATION	NATIONAL BOARD FOR HEALTH AND WELLNESS COACHING
	(ASWB)	(CCMC)	(NBHWC)
<i>Mental Health Competency 1</i>	1.00 CE	1.00 CE	1.00 CE
<i>Mental Health Competency 2: Common Conditions</i>	1.00 CE	1.00 CE	1.00 CE
<i>Mental Health Competency 3: Substance Use Awareness</i>	1.00 CE	1.00 CE	1.00 CE
<i>Suicidal Behavior Competency</i>	1.00 CE	1.00 CE	1.00 CE
<i>Safety Planning</i>	1.00 CE	1.00 CE	1.00 CE
<i>Diversity and Mental Health</i>	1.00 CE	1.00 CE	1.00 CE
<i>Understanding and Overcoming Bias</i>	1.00 CE	1.00 CE	1.00 CE
<i>Motivational Interviewing: Communication Basics</i>	X	0.75 CE	X
<i>Supporting Provider Wellbeing</i>	X	X	1.75 CEs

## Calculation of Credit

Continuing education entities have varying requirements and standards, including those relating to how the number of continuing education credits is calculated. For this reason, as can be seen in the table above, some of our courses offer different amounts of continuing education credit for different professions.

### APA, ASWB, CAMFT, CCMC, & NBHWC Credit Calculation

Continuing education credits for psychologists, social workers, marriage and family therapists, case managers, and coaches are calculated by averaging pilot test times, rounded down to the nearest quarter hour. This allows for inclusion of interactive elements (e.g., assessments) and learner variance. However, regardless of pilot test times, the number of continuing education credits will never exceed 2 hours more than the combined video and voiceover length.

### NBCC Credit Calculation

Continuing education hours for counselors are calculated by summing the length of all course videos and voiceover, rounded up to the nearest quarter hour. This does NOT include time taken to complete interactive elements of the course.

## Obtaining Credit

Upon completing all course elements (i.e., completing the pre-course assessment and all modules, completing the post-course assessment with a score of at least 85%, and completing the course evaluation), learners will automatically receive a certificate of completion. Learners are responsible for submitting that certificate of completion to their respective licensure boards.

Please note that the Psych Hub Certification and Mental Health Ally Certification that learners have the option to pursue after completing some of Psych Hub's courses is not affiliated with continuing education credit in any way. Visit [lms.psychhub.com](https://lms.psychhub.com) and navigate to the course information link for the course in which you are interested to learn whether Psych Hub Certification is available for that course and how to pursue it.

## Continuing Education Committee

Members of the Psych Hub Continuing Education Committee include the Clinical Research Manager/Licensed Social Work Consultant, the Clinical Director/Doctoral-Level Psychologist Consultant, the Clinical Manager/Licensed Counseling Consultant, the Chief Operations Officer, and the Director of Education.

For comments and concerns related to Psych Hub's continuing education program, email [ce@psychhub.com](mailto:ce@psychhub.com).

## Diversity in Continuing Education Initiatives

When designing learning hubs for continuing education, Psych Hub strives to be inclusive and promote equity. All types of diversity (and the intersectionality of these aspects of identity) are taken into account, including but not limited to...

- Race and ethnicity
- First language & migrant status
- Gender, sex, & sexual/affectual orientation
- Disability and neurodiversity
- Socioeconomic status
- Spirituality and religion
- Indigenous heritage
- Body size
- Geographical location
- Age

Diversity and inclusion are key considerations at each stage of learning hub development, from identifying authors and areas of focus to creating educational assets:

### Authors, Consultants, & Contributors

Psych Hub's leadership and clinical team are committed to identifying and working with subject matter experts from all backgrounds. We aim to work with authors, consultants, and contributors that practice cultural humility and understand how society and environment are related to mental health. When reviewing the CV and career of a potential subject matter expert, we look to see how they have promoted inclusion and equity in their writing, advocacy, and work with clients.

### Research

Our clinical team and contractors work to ensure that the evidence upon which our learning hubs and videos are based represents people from all different backgrounds. For example, we look for studies with diverse participant groups as well as literature that specifically focuses on the issues and/or needs of an underserved group.

### Curriculum & Areas of Focus

When the curriculum is created and learning hub content is written, our clinical and education teams as well as our subject matter experts consider how diversity and intersectionality impact the topic. These considerations are integrated throughout the curriculum, including but not limited to which groups are most impacted by a given issue or disorder; cultural competency, cultural humility, and implicit bias of mental health professionals; the importance of social and political advocacy in the mental health field; cultural adaptations of treatment; and disparities in access to treatment.

### Lived Experience Videos

During learning hub creation, our clinical and education teams assess what kinds of lived experience would best augment the information being communicated. We consider which groups and demographics might be most

affected by a given issue, or how aspects of identity might impact the way that an issue is experienced. We provide descriptions of individuals and/or experiences that would enhance learning and include diverse experiences. Then, our video producer writes casting calls according to these descriptions.

## **Animated Videos**

Our clinical and creative teams and contractors write and check for visual and audio descriptions of character skin color, body type, gender, accent, age, visible disabilities, and cultural or religious attire in each video script. These aspects of identity are considered in terms of how they might affect the way that character experiences and understands mental and behavioral health. Throughout production, scripts, storyboards, and animations undergo quality assurance from our clinical and production teams before they move to the next stage. One item on the quality assurance checklist is whether the video respectfully showcases characters from diverse backgrounds.